

## Anesthesia Options

Patients are always given local anesthesia (Novocain, Lidocaine, etc.) for surgery. Local anesthesia will produce a numb feeling in the area being operated on. During the surgery you will feel pressure, but there should be no significant discomfort. You may choose from the options below as a supplement.

### **ANESTHESIA OPTIONS IN ADDITION TO NOVACAINE ARE:**

**Oral Conscious Sedation (The Pill):** May be a supplement to local anesthesia and is medication taken by mouth to produce relaxation before and during your operation. Little recall of events surrounding surgery.

**Nitrous Oxide Sedation (Laughing Gas):** You will be relaxed and somewhat less aware of your surroundings but will recall the surgical event.

**Intravenous Sedation:** (Twilight) Medications are given through a vein in your arm or hand, which will cause total relaxation and although you will not be unconscious there will be very little recall (if any) of the events surrounding surgery.

For surgery you may choose ONE of the five treatment options listed below. Dr. Cecere discussed this with you during your consultation. Please follow the instructions that coincide with the treatment option you have chosen. Each choice requires different preparation on your part, and for your safety it is important that you read and follow the instructions carefully. If you are unclear about your treatment choice and the preparation, please call the office. Should you decide to change your treatment option you must call the office at least one week prior to your appointment. Please understand that your change could affect a change in your surgery date and/or time.

## Treatment Options

**Failure to follow the pre-operative directions will result in cancellation of surgery!**

**Diabetic Patients – Pre-operative instructions may vary and will be discussed during the consultation.**

### **Local Anesthesia Only (Novocain)**

- You may have a light meal prior to your surgery.
- For more extensive procedures you may want someone to accompany you
- Plan on resting for the remainder of the day.

### **Oral Conscious Sedation (with local anesthesia (Novocain)**

- You are to arrive at the office at the instructed time (usually 30 minutes prior to surgery). This is so Dr. Cecere can administer the oral medication.
- **You MUST have someone accompany you. This person will be required to be present the entire time.** They will also have to drive you home. You are not permitted to drive after your surgery.
- You are to have nothing to eat or drink after midnight prior to your surgery. This includes water.
- Plan on resting for the remainder of the day. Do not operate power tools, machinery, etc. for 24 hours after surgery.

### **Nitrous Oxide Sedation (Laughing Gas) with local anesthesia (Novocain)**

- Do not eat or drink anything after midnight prior to your surgery. This includes water.
- **You MUST have someone accompany you. This person will be required to be present the entire time. They will also have to drive you home. You are not permitted to drive after your surgery.**
- Plan on resting for the remainder of the day.

### **Oral Conscious Sedation and Nitrous Oxide Sedation (with local anesthesia (Novocain)**

- You are to arrive at the office at the instructed time (usually 30 minutes prior). This is so Dr. Cecere can administer the oral medication.
- **You MUST have someone accompany you. This person will be required to be present the entire time. They will also have to drive you home. You are not permitted to drive after your surgery.**
- You are to have nothing to eat or drink after midnight prior to your surgery. This includes water.
- Plan on resting for the remainder of the day. Do not operate power tools, machinery, etc. for 24 hours after surgery.

### **Intravenous (IV) Sedation (with local anesthesia (Novocain)**

- Do not eat or drink anything after midnight prior to your surgery. This includes water.
- **You MUST have someone accompany you. This person will be required to be present the entire time. They will also have to drive you home. You are not permitted to drive after your surgery.**
- You are to have nothing to eat or drink after midnight prior to your surgery. This includes water.
- Plan on the resting for the remainder of the day. Do not operate power tools, machinery, etc. for 24 hours after surgery.

For all surgeries, please wear comfortable, loose-fitting clothing, Tops/shirts should have sleeves that are easily drawn up above the elbow. Females should remove nail polish before surgery and apply as little makeup as possible. If you are wearing a hoddie or half-zip, please make sure to have a tee-shirt/tank underneath. Dress in layers that can be easily removed.

### **Remember:**

- **Bring headphones (if you desire)**
- **Your caregiver that is accompanying you may bring their coffee/tea, etc. and/or breakfast with them.**
- **Tell your caregiver to plan for approximately 2 hours.**
- **There is NOT public access to the internet – Download what you will be listening to.**